Education is a critical component of our TGHN Surf Life Saving Club. The club has a strong, knowledgeable team of Trainers and Educators who provide instruction for the many courses available for Surf Life Savers.

Training and Education of SLSA courses and awards starts with our Nippers and across all age groups and membership categories in the Club. You don't have to take an aquatic pathway to be a lifesaver but can patrol using only Emergency Care skills. The Training and Education team along with Hunter Branch cover the following education pathways and are happy to discuss any of these with you:

Aquatic Rescue Pathway Awards		
 Club delivered. Surf Rescue Certificate (SRC)- must be 13 years of age. Bronze Medallion (BM)- must be 15 years of age. 	 Branch delivered. <u>Gold Medallion (GM)</u>- must be 17 years of age and hold BM, FA, SMBM and ART. <u>Silver Medallion Aquatic Rescue</u> (PSAR)- must be 16 years of age and hold a BM. 	
Beach Management Pathway Awards		
 Club delivered. <u>Radio Operator Certificate (ROC)</u>- must be 13 years of age and hold a BM. 	 Branch delivered. <u>Silver Medallion Patrol Captain</u> (<u>SMPC)-</u> must be 17years of age, hold a BM, PSAR and have 2 years patrolling experience. Now superseded by SMBM. <u>Silver Medallion Beach Management</u> (<u>SMBM)-</u>must be 17 years of age, hold a BM, ROC, ART, and FA. 	
Powercraft Pathway Awards		
 Club delivered. Inflatable Rescue Boat Crewperson (IRBC) – must be 15 years of age and hold a BM. Silver Medallion Inflatable rescue Boat Driver (SMIRB)- must be 17 years of age and hold BM and IRBC. 	 Branch delivered. <u>Rescue Water Craft Operator-</u> 18 years of age and hold ART, BM, SMBM, NSW vehicle license with tow capacity. 	
Emergency Care	Pathway Awards	
 Club delivered. <u>Resuscitation Certificate (CPR)-</u> must be 10 years of age. This training is also included in the SRC and updated annually. <u>First Aid (FA)-</u> Must be 14 years of age and valid for 3 years with CPR updated annually. <u>Advanced Resuscitation Techniques</u> (<u>ART)-</u> must be 15 years of age and hold FA. 	Branch delivered.	
Training Awards		
 State delivered. <u>Training Officer Certificate (TOC)</u>- must be 16 years of age and hold the awards you wish to train. <u>Assessing Certificate (AC)</u>- must be 17 years of age, hold a TOC and be proficient in the awards they wish to assess. <u>Certificate 4 in Workplace Training and Assessment</u>- must hold a TOC and AC. 		

Training and Education is conducted throughout the season and the outline of the <u>proposed training for SRC and</u> <u>BM</u> schedule is below. Other courses will be advertised on our website, and through Surfguard messages (members only).

NB. Registration for all courses must be submitted 2 weeks prior to commencement to the Chief training Officer.

If you are interested in joining TGHN Surf Life Saving Club and gain an SLSA award, please contact the Club's Chief Training Officer via email on education.tghnslsc@gmail.com.

Training Outline for SRC-BM

Please note: To participate in these courses for <u>SRC</u> you must be <u>13 years of age at date of assessment</u>, and <u>15</u> <u>years of age at date of assessment for Bronze Medallion</u>. Participants must <u>attend 90% of training sessions</u> to be assessment ready. Friday afternoon session for extra practice TBA.

Date/s	Time	Outline
Saturday 23rd September 2023	9:00am	Course Induction -Club Education Room Radio Operators Course – compulsory attendance
Sunday 8th October 2023	7:00am SRC- 200m freestyle continuously in 5 mins or less. BM- 400m freestyle continuously in 9 mins or less.	Timed Pool Swim – Raymond Terrace Pool Aquatic Leisure Centre 8 Leisure Way, Raymond Terrace
Saturday 14th October 2023	9:00am	CPR – for SRC participants (2 hours) First Aid - for BM participants (6-8 hours) compulsory attendance
Sunday 22nd October 2023	9:00am	Practical Session - Board, Tube, Swim, Spinal, Signals Club – Patrol Experience
Sunday 29th October 2023 Form 14 due in Surfguard 28th October (trainer info)	9:00am	Practical Session – Board, Tube, Swim, Spinal Scenarios, Radio, Theoretical Questioning – Club
Saturday 4th November 2023	9:00am	Practical Session - Board, Tube, Swim, Spinal, Signals Club – Patrol Experience
Sunday 12th November 2023 Paperwork due to Branch 20th November (trainer information)	9:00am	Dry Assessment compulsory attendance
Saturday 18th November 2023	9:00am	Practical Session - Board, Tube, Swim, Spinal, Signals Club – Patrol Experience
Saturday 25th November 2023	9:00am	Mock Assessment on Practical Skills compulsory attendance
Saturday 2nd December 2023	9:00am	Practical Session – Revision and re-check of all skills and scenarios in preparation for final assessment.
Saturday 9th December 2023	ТВС	Final Assessment Venue TBC